

Helping you through the journey ahead

A guide to your treatment with VYLOY[™] (zolbetuximab) and chemotherapy

What is VYLOY (zolbetuximab)?

VYLOY is a prescription medicine used to treat people with cancer of the stomach (gastric cancer) and cancer where the esophagus joins the stomach (gastroesophageal junction cancer). VYLOY is used in combination with certain chemotherapies when:

- your gastric or gastroesophageal junction cancer cannot be removed with surgery or has spread to other parts of the body,
- your tumor is negative for the HER2 biomarker, and
- your tumor is positive for the "Claudin 18.2 (CLDN18.2)" biomarker.

It is not known if VYLOY is safe and effective in children.

Selected Safety Information

Before receiving VYLOY, tell your healthcare provider about all of your medical conditions, including if you:

- are currently experiencing symptoms such as nausea or vomiting.
- are pregnant or plan to become pregnant. It is not known if VYLOY will harm your unborn baby. Tell your healthcare provider if you become pregnant during your treatment with VYLOY.
- are breastfeeding or plan to breastfeed. It is not known if VYLOY passes into your breast milk. It is not recommended to breastfeed during treatment with VYLOY.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking VYLOY with certain other medicines may cause side effects.

Please read Important Safety Information on pages 21 & 22, and scan the QR Code on page 22 to view the full VYLOY Singapore Prescribing Information (PI).

The first step forward: Knowing that you're not alone



When your doctor tells you that you have stomach cancer, they're also telling you they're there to help. And they won't be the only one. Your doctor is the first of many people who will be there for you every step of the way, such as:

- Your healthcare team:** Every doctor, oncologist, nurse, or dietitian you meet wants to give you the best care
- Your family and friends:** The people in your personal life who are always there for you, like your caregiver
- Support groups:** People whose lives have been touched by cancer can share insight and advice

During treatment, reach out to these people for support. Talk to them about how you are feeling. Tell them how they can help you. It's your journey, but you don't have to go through it on your own.

Selected Safety Information *(continued)*

What are the possible side effects of VYLOY?

VYLOY may cause serious side effects, including:

Allergic (drug hypersensitivity) reactions, including anaphylaxis. Serious allergic reactions can happen during or after you get your VYLOY infusion. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of a serious allergic reaction:

- itchy, swollen pink or red areas of the skin (hives)
- breathing problems such as wheezing
- coughing that doesn't go away
- throat tightness/change in voice

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What is advanced stomach cancer?

Advanced stomach cancer grows in the stomach. It can also grow in areas next to it, like the oesophagus (which is the tube between your mouth and your stomach). This cancer may have spread to areas near your stomach (locally advanced) and it might not be possible to remove it with surgery (unresectable). It may also have spread to other parts of your body (metastatic). Before your doctor diagnosed the cancer, you may have had symptoms like:



Stomach upset (indigestion) that doesn't go away



Stomach pain



Feeling full after a few bites of food



Trouble swallowing



Losing weight without trying



Feeling tired or weak because you don't have enough red blood cells (anaemia)



Bloating

People often think that these symptoms come from other illnesses. That is why they usually don't know they have cancer until it's in late stages.

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There's a plan to help you

This guide helps you learn how your treatment plan can help you move forward. You'll find out:

- Why your doctor chose VYLOY
- What your treatment does
- How to follow your treatment plan

Understanding the plan: Why VYLOY has been prescribed to you



Testing helps doctors to learn more about your tumour

Each case of advanced stomach cancer is different. By testing for something called a biomarker, your healthcare team learns more about your tumour. This helps them decide what treatment may be right for you.

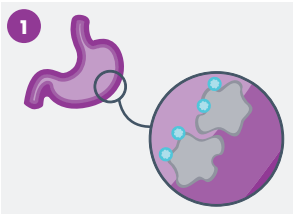
- A biomarker is a molecule that may be found more often on certain tumours
- Biomarker tests may tell doctors what type of tumour you have
- **If your tumour tests positive for a biomarker called Claudin 18.2**, you may be treated with VYLOY

Making a plan for you with VYLOY

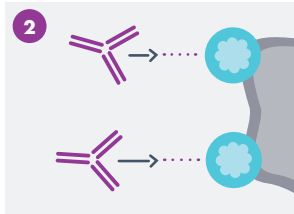
Since VYLOY targets Claudin 18.2, your doctors believe this treatment can help you. On the next page, you'll learn more about how that treatment works.

How VYLOY targets your tumour

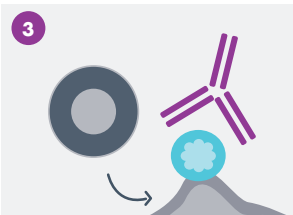
Let's take a look at how VYLOY works with your immune system to fight your type of cancer.



In some people, the biomarker Claudin 18.2 is **found** on the surface of stomach cancer cells



VYLOY is **attracted** to that biomarker and binds to it



VYLOY tells the immune system to **attack** the cancer cell



The immune system then **destroys** the cancer cells

Each treatment appointment is so important. Staying on schedule gives your treatment the best chance to work for you.

Selected Safety Information *(continued)*

What are the possible side effects of VYLOY? *(cont.)*

VYLOY may cause serious side effects, including:

Infusion related reactions. Severe infusion reactions can happen during or after you get your VYLOY infusion. Tell your healthcare provider or get medical help right away if you have any of these symptoms during or after your infusion of VYLOY:

- | | |
|--|--------------------|
| • nausea | • fever |
| • vomiting | • chest discomfort |
| • abdominal pain | • chills |
| • increased saliva (salivary hypersecretion) | • cough |
| • high blood pressure (hypertension) | • back pain |

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**If you have more questions
about VYLOY or your
chemotherapy, talk with
your healthcare team.**



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Because doctors found Claudin 18.2 on your tumour, they set up a treatment plan that targets it with VYLOY and chemotherapy.



Talking about side effects and how to move forward



Advice on side effects

Like with any treatment, you may feel certain side effects during treatment with VYLOY with chemotherapy. Everyone's experience is different, but patients in clinical trials had these side effects most often:

- Feeling sick to your stomach (nausea)
- Unable to keep food down (vomiting)

Talk to your team if you experience these or any other side effects. They can help you find ways to manage them, such as:

- Prescribing medicine before and after treatment
- Slowing your infusion rate
- Stopping your treatment for a period of time (temporarily) or completely

Report any adverse events to Astellas Pharma Singapore Pte. Ltd. at pv@sg.astellas.com. Alternatively, adverse events may be reported to the Health Sciences Authority at Tel: 6866 1111, or online at <https://www.hsa.gov.sg/adverse-events>

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Here are some tips that have helped others

- ✓ **Keep a treatment journal** to share with your team
- ✓ **Stay hydrated.** Drink plenty of water and other fluids
- ✓ **Ask your healthcare team** to help you make a plan for good nutrition
- ✓ **Take a walk or sit outside** for fresh air

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Everyone responds to treatment in different ways. But your team is there to help you see the best results, and they know you can do it. Every time you take your treatment, you take another step toward that goal.

Every step you take helps you keep moving forward



How to follow your treatment plan

Your healthcare team will help you mark your calendar for treatments. And they will help you find ways to follow your plan. Here's what that plan may look like:

VYLOY is an infusion (taken through your vein)

- Your first infusion visit may take 3 hours or more
- Your next infusion visit will be at least 2 hours, maybe more
- Your healthcare team might add more time to help with side effects
- Ask them how much time to expect so that you can plan your visit

VYLOY and chemotherapy are given at the same visit

(every 2 or 3 weeks, based on your doctor's plan)



If you have questions about your plan or infusions, talk with your healthcare team. They can:

- Help you stay on your plan
- Keep track of how you're feeling between visits
- Help you manage side effects

Selected Safety Information *(continued)*

What are the possible side effects of VYLOY? *(cont.)*

VYLOY may cause serious side effects, including:

Nausea and Vomiting. While you are receiving VYLOY, nausea and vomiting could be common and can sometimes be severe. Before you receive your VYLOY infusion or during your treatment, your healthcare provider may prescribe medicine to help prevent or treat nausea and vomiting. Tell your healthcare provider if these symptoms do not go away or become worse.

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It's important to stay on the treatment schedule you and your healthcare team decide on. Talk to your healthcare team if you miss a treatment.

Tips on getting the nutrition you need

You may have a hard time with meals. This may be because of your cancer or a reaction to your treatment. It may not be easy to swallow some foods. You might not like the smell of cooking certain foods. But getting nutrition is important, and you can still take control of your diet. When you're changing the way you eat, try these tips:

- ☒ Have smaller meals, more often
- ☒ Drink something before or after meals
- ☒ Cut down on sweet foods and drinks
- ☒ Ask a dietitian about finding new foods

Reach out to your healthcare team for more help. You could ask them:

- Are there foods or drinks that I should avoid?
- Should I take any medicine to help with my symptoms?
- Is there anything I should know about coming home after treatment?

Remember, you're not alone. Others who have been through cancer are here to help. See page 20 for groups that can offer advice on living with cancer, taking treatment, and managing meals.

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Talk to your family and friends

Let them know about any food issues you're having. And tell them how they can help you so that you don't miss out on everyday moments that have to do with mealtimes.



Every question you have is important

Get the most out of every visit

Talk with your healthcare team at each visit. Help them understand what you need and how you feel. Let them know how they can help.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking VYLOY with certain other medicines may cause side effects.

On your next visit, you might want to ask:

- Do I have to change how I take other medicines?
- What should I know to get ready for my first visit?
- Will I need any tests between treatments?
- When should I talk to you about side effects? What’s the best way to do that?
- Is there anything else I should do during treatment?
- What support programs can help me deal with stress or anxiety?

Selected Safety Information *(continued)*

The most common side effects of VYLOY include:

- nausea
- vomiting
- decreased appetite

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There’s no such thing as a bad question. It’s all part of staying in touch with your healthcare team and helping them understand what is most important to you. Use this space to write down anything you want to bring up.

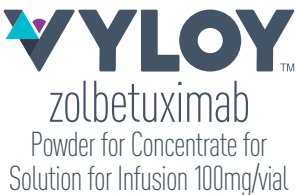
Notes: _____

Scheduling notes: _____

Your first infusion is on _____.

Your next infusions will happen every _____ weeks.

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Connecting with a community of support

Beyond your healthcare team and your personal caregivers, there are other groups ready to support you during treatment. Here are some that you may find helpful:

Singapore advocacy groups and resources for patients and caregivers:

- **Singapore Cancer Society**, a charity in Singapore which aims to reduce the occurrence of cancer through encouraging routine screening. They also develop resources for gastric cancer awareness, prevention, and management. Find out more at <https://www.singaporecancersociety.org.sg/>
- **365 Cancer Prevention Society**, a non-profit organisation to empower cancer patients in their fight against the disease. They offer a variety of aids to patients which encompasses their mental, physical and emotional needs. Visit <https://www.singaporecancersociety.org.sg/> for their resources
- **The National University Cancer Institute Singapore (NCIS)** facilitates patient support groups which conducts regular meetings and events. Facilitated by oncology specialists, they offer a platform for you to share common concerns and emotional support. Visit <https://www.ncis.com.sg/our-services/patient-support-groups> to learn more on how to join these meetings
- **The National Cancer Centre Singapore (NCCS)** hold regularly monthly patient & caregiver support programs, co-led by medical social workers, clinical psychologists and more. These programs are not limited to NCCS patients and all are welcome. Visit their website at <https://www.nccs.com.sg/patient-care/specialties-services/Pages/support-programmes.aspx> to learn more

Astellas is not affiliated with and does not endorse any of the listed organizations. The information provided by Astellas is for informational purposes only and is not meant to replace the advice of a healthcare professional

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Important Safety Information

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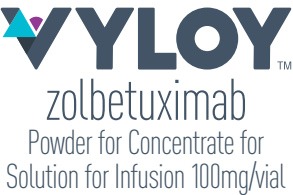
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Important Safety Information (continued)

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- abdominal pain
- increased saliva (salivary hypersecretion)
- high blood pressure (hypertension)
- fever
- chest discomfort
- chills
- cough
- back pain

Nausea and Vomiting. While you are receiving VYLOY, nausea and vomiting could be common and can sometimes be severe. Before you receive your VYLOY infusion or during your treatment, your healthcare provider may prescribe medicine to help prevent or treat nausea and vomiting. Tell your healthcare provider if these symptoms do not go away or become worse.

The most common side effects of VYLOY include:

- nausea
- vomiting
- decreased appetite

If you have certain side effects, your healthcare provider may slow the rate of your infusion or stop your treatment with VYLOY for a period of time (temporarily) or completely.

These are not all of the possible side effects of VYLOY. Call your doctor for medical advice about side effects. Report any adverse events to Astellas Pharma Singapore Pte. Ltd. at pv@sg.astellas.com. Alternatively, adverse events may be reported to the Health Sciences Authority at Tel: 6866 1111, or online at <https://www.hsa.gov.sg/adverse-events>

Scan to view full Prescribing Information (PI) for VYLOY



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Additional Notes

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Help is here for you, every step of the way

As you move forward, always remember to:

- **Stay connected** to the people who care for you, and let them know how they can help you
- **Take care of yourself** during your treatment and get the nutrition you need
- **Reach out** to your healthcare team, family members, or friends when you need them

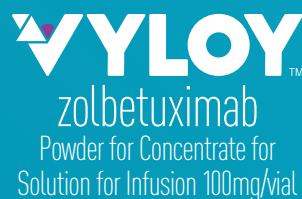
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Selected Safety Information *(continued)*

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