



**zolbetuximab**  
Powder for Concentrate for  
Solution for Infusion 100mg/vial

# Supporting someone you love

**A caregiver's guide to treatment with  
VYLOY™ (zolbetuximab) and chemotherapy**

## What is VYLOY?

VYLOY is a prescription medicine used to treat people with cancer of the stomach (gastric cancer) and cancer where the esophagus joins the stomach (gastroesophageal junction cancer). VYLOY is used in combination with certain chemotherapies when:

- your gastric or gastroesophageal junction cancer cannot be removed with surgery or has spread to other parts of the body,
- your tumor is negative for the HER2 biomarker, and
- your tumor is positive for the "Claudin 18.2 (CLDN18.2)" biomarker.

It is not known if VYLOY is safe and effective in children.

## Selected Safety Information

**Before receiving VYLOY, tell your healthcare provider about all of your medical conditions, including if you:**

- are currently experiencing symptoms such as nausea or vomiting.
- are pregnant or plan to become pregnant. It is not known if VYLOY will harm your unborn baby. Tell your healthcare provider if you become pregnant during your treatment with VYLOY.
- are breastfeeding or plan to breastfeed. It is not known if VYLOY passes into your breast milk. It is not recommended to breastfeed during treatment with VYLOY.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking VYLOY with certain other medicines may cause side effects.

Please read Important Safety Information on pages 24 & 25, and  
scan the QR Code on page 25 to view the full VYLOY Singapore Prescribing Information (PI).



# Being there when it matters most: Your role as a caregiver



When someone you love is getting treatment for cancer, you can be there for them like no one else can. It's natural to want to do everything, but the key is to take one step at a time. What's the first step? Learning more about the treatment path ahead. In this guide, you'll find how to do that with:

**Background for support:** Learn about advanced stomach cancer and how treatment with VYLOY works

**Tips to care for your loved one:** Find out how you can help them manage side effects and follow their treatment plan

**Advice for caring for yourself:** Understand why it is important to take time for yourself as well

**Links to support groups:** Connect with people who can share their own experiences and insights

**Remember: You are not in it alone. You can always reach out to others. Your family, your friends, and your loved one's care team are there to help you both.**

## What is advanced stomach cancer?

Advanced stomach cancer grows in the stomach. It can also grow in areas next to it, like the oesophagus (which is the tube between your mouth and your stomach). This cancer may have spread to areas near their stomach (locally advanced) and it might not be possible to remove it with surgery (unresectable). It may also have spread to other parts of their body (metastatic). Before their doctor diagnosed the cancer, your loved one may have had symptoms like:



Stomach upset (indigestion) that doesn't go away



Feeling full after a few bites of food



Losing weight without trying



Bloating



Stomach pain



Trouble swallowing



Feeling tired or weak because they don't have enough red blood cells (anaemia)

People often think that these symptoms come from other illnesses. That is why they usually don't know they have cancer until it's in late stages.

## Selected Safety Information (continued)

### What are the possible side effects of VYLOY?

VYLOY may cause serious side effects, including:

**Allergic (drug hypersensitivity) reactions, including anaphylaxis.** Serious allergic reactions can happen during or after you get your VYLOY infusion. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of a serious allergic reaction:

- itchy, swollen pink or red areas of the skin (hives)
- coughing that doesn't go away
- breathing problems such as wheezing
- throat tightness/change in voice

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## There's a plan to help

On the next few pages, you'll learn about treatment with VYLOY + chemotherapy. You'll find out:

- How VYLOY works
- How you can help your loved one follow their treatment plan
- Tips for caring for your loved one and yourself

# Understanding the treatment plan: How VYLOY works



## Testing to learn about the tumour

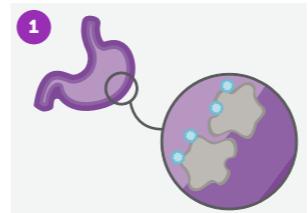
Each case of advanced stomach cancer is different. By testing for something called a biomarker, your loved one's healthcare team learned more about the tumour. This helps doctors understand how they may be able to target that tumour with treatment.

- A biomarker is a molecule that may be found more often on certain tumours
- Biomarker tests may tell doctors what type of tumour is present
- **If your loved one's tumour tests positive for a biomarker called Claudin 18.2, they may be treated with VYLOY**

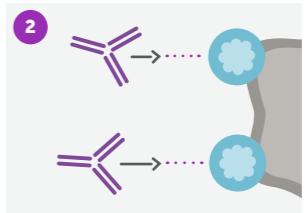
On the next page, you'll learn more about how that treatment works.

## How VYLOY works

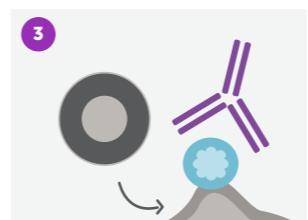
Let's take a look at how VYLOY works with the immune system.



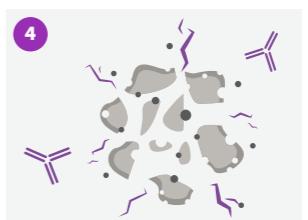
In some people, the biomarker Claudin 18.2 is **found** on the surface of stomach cancer cells



VYLOY is **attracted** to that biomarker and binds to it



VYLOY tells the immune system to **attack** the cancer cell



The immune system then **destroys** the cancer cells

Each treatment appointment is so important. Staying on schedule gives their treatment the best chance to work for them.

## Selected Safety Information (continued)

### What are the possible side effects of VYLOY? (cont.)

VYLOY may cause serious side effects, including:

**Infusion related reactions.** Severe infusion reactions can happen during or after you get your VYLOY infusion. Tell your healthcare provider or get medical help right away if you have any of these symptoms during or after your infusion of VYLOY:

- nausea
- vomiting
- abdominal pain
- increased saliva (salivary hypersecretion)
- high blood pressure (hypertension)
- fever
- chest discomfort
- chills
- cough
- back pain

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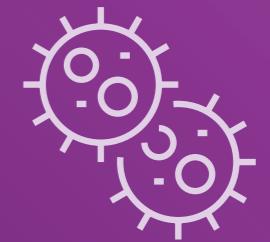
**If you have more questions about VYLOY or their chemotherapy, talk with their healthcare team.**



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Since your loved one's tumour tested positive for Claudin 18.2, their treatment includes more than chemotherapy. It's a personal plan that targets the tumour with VYLOY.



# Caring for your loved one: Following their treatment plan



## Know what to expect in each visit

As a caregiver, you'll want to stay connected with your loved one's healthcare team. They will help make sure you know when treatments are scheduled. And they can answer questions you may have about each visit. In those visits, VYLOY will be given:

- Together with chemotherapy
- Through the vein (intravenously): the first infusion of VYLOY takes 3-4 hours; the others take at least 2 hours
- Every 2 or 3 weeks

## VYLOY and chemotherapy can be given at the same visit

(every 2 or 3 weeks, based on the  
doctor's plan)



## Advice on side effects

Like with any treatment, your loved one may feel certain side effects during treatment with VYLOY with chemotherapy. Everyone's experience is different, but patients in clinical trials had these side effects most often:

- Feeling sick (nausea and vomiting)

They can talk to their team if they experience these or any other side effects. Their team can help them find ways to manage them, such as:

- Prescribing medicine before and after treatment
- Slowing their infusion rate
- Stopping their treatment for a period of time (temporarily) or completely

If they experience these or any other side effects from VYLOY or chemotherapy, talk to their healthcare team about different ways to help manage those side effects.

Here are some tips that have helped other patients:

- **Keeping a treatment journal** to share with their team
- **Staying hydrated**
- **Asking their team** to help them make a plan for good nutrition
- **Taking a walk or sitting outside** for fresh air

## Selected Safety Information (continued)

### What are the possible side effects of VYLOY? (cont.)

VYLOY may cause serious side effects, including:

**Nausea and Vomiting.** While you are receiving VYLOY, nausea and vomiting could be common and can sometimes be severe. Before you receive your VYLOY infusion or during your treatment, your healthcare provider may prescribe medicine to help prevent or treat nausea and vomiting. Tell your healthcare provider if these symptoms do not go away or become worse.

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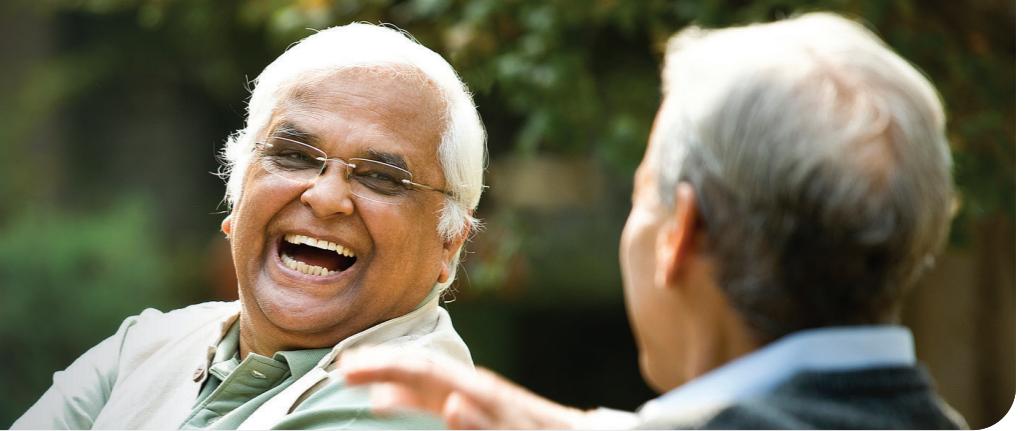
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A photograph of a young woman and an older woman looking at a smartphone together. The young woman is smiling and holding the phone, while the older woman is looking down at the screen with a thoughtful expression. They are indoors, with a wooden shelf and a potted plant in the background.

If you have questions about treatment, talk to their healthcare team. They can help your loved one keep track of how they're feeling between visits. And they can give advice when you need it.

# Caring for your loved one: Helping them to keep moving forward



## Try to understand their needs

You'll find a lot of information and advice on how to help your loved one during treatment. But here are some simple ways to make a difference:

**Keep talking:** Open and honest talks are key during treatment. This is even more true when your loved one may not want to ask for help.

**Do the little things:** Cooking, laundry, filling out papers: Taking over small daily tasks can make life much easier for them.

**Stay connected with the healthcare team:** Talk with them at each visit. Help them understand what your loved one needs and how they feel. See if the team has advice on how you can help.

**Listen to how they're feeling:** Let them share their feelings. Opening up about stress or anxiety can let you know how you can help them emotionally.

**Ask about side effects:** Some patients might not tell their doctor about side effects because they don't want to risk stopping treatment. Being open about these side effects helps doctors know how to manage them.

## Advice on getting the nutrition they need

Your loved one may have a hard time with meals. This may be because of their cancer or a reaction to treatment. It may not be easy to swallow some foods. They might not like the smell of cooking certain foods. But getting nutrition is important, and you can help them take control of their diet. When doing so, try these tips:

### Talk to your loved one:

- Ask about any food-related problems that they're dealing with
- Find out what kinds of foods they're trying to avoid
- Stock up on foods they can tolerate

### Talk to their healthcare team:

- A dietitian may be able to help them identify gastric cancer-friendly foods and recipes
- Ask about vitamins, supplements, or liquid meal replacements
- Ask about medications or other therapies that can help manage symptoms
- Ask about cancer stress management support to help address stress and anxiety

## Selected Safety Information (continued)

### The most common side effects of VYLOY include:

- nausea
- decreased appetite
- vomiting

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Don't let your loved one miss out on the everyday moments that have to do with mealtimes. Talking about their needs can make a big difference.

# Caring for yourself



## Don't forget about yourself

While you're caring for a loved one, take care of yourself as well. It is important to stay fit, both in body and mind. Here are some ways you can do this:

- Get active or play a sport a few times each week
- Eat a healthy diet
- Set a healthy sleep routine
- Ask for help when you need it
- Be aware of your own stress and anxiety
- Spend time with friends and family
- Look for support groups with others who have gone through what you are going through now

## Manage your time

Don't forget to take time for yourself. A number of support groups say that you should:

**Relax every day:** Spend at least 30 minutes each day doing something for yourself.

**Keep in touch with family and friends:** You may have to cut back on hobbies or free time, but don't neglect your own life.

**Keep up with your plans:** You can lower your stress level if you find time for an everyday routine and the things you normally do.

**Remember: The person you're caring for also cares about you. They want you to stay healthy.**



## Selected Safety Information (continued)

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- breathing problems such as wheezing
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Your stress level can change from day to day. Be mindful of your changing needs. Ask for support when you need it.

# Talk to your loved one's healthcare team

Every treatment visit is a chance to talk with their healthcare team. If you talk to them, even briefly, they will know how they can help you better as a caregiver.

## You might want to ask:

- What should we know to get ready for the first treatment?
- What kinds of tests and follow-up visits will there be?
- How can I help keep track of visits? Will we get reminders?
- How do we know if the treatment is working?
- How can I help with side effects? Can we do anything to avoid them?

There is no such thing as a bad question. The more you ask, the better you will be able to help.

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# Growing your support network: Resources for your loved one

## Get in touch with a community of support

There are groups than can give you information and insights during treatment. Here are some resources that you may find helpful:

### Singapore advocacy groups and resources for patients and caregivers:

- **Singapore Cancer Society**, a charity in Singapore which aims to reduce the occurrence of cancer through encouraging routine screening. They also develop resources for gastric cancer awareness, prevention, and management. Find out more at <https://www.singaporecancersociety.org.sg/>
- **365 Cancer Prevention Society**, a non-profit organisation to empower cancer patients in their fight against the disease. They offer a variety of aids to patients which encompasses their mental, physical and emotional needs. Visit <https://www.singaporecancersociety.org.sg/> for their resources
- The **National University Cancer Institute Singapore (NCIS)** facilitates patient support groups which conducts regular meetings and events. Facilitated by oncology specialists, they offer a platform for you to share common concerns and emotional support. Visit <https://www.ncis.com.sg/our-services/patient-support-groups> to learn more on how to join these meetings
- The **National Cancer Centre Singapore (NCCS)** hold regularly monthly patient & caregiver support programs, co-led by medical social workers, clinical psychologists and more. These programs are not limited to NCCS patients and all are welcome. Visit their website at <https://www.nccs.com.sg/patient-care/specialties-services/Pages/support-programmes.aspx> to learn more

## Selected Safety Information (continued)

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**Infusion related reactions.** Severe infusion reactions can happen during or after you get your VYLOY infusion.

Tell your healthcare provider or get medical help right away if you have any of these symptoms during or after your infusion of VYLOY:

• nausea	• fever
• vomiting	• chest discomfort
• abdominal pain	• chills
• increased saliva (salivary hypersecretion)	• cough
• high blood pressure (hypertension)	• back pain

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Astellas is not affiliated with and does not endorse any of the listed organisations. The information provided by Astellas is for informational purposes only and is not meant to replace the advice of a healthcare professional.

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It is not known if VYLOY is safe and effective in children.

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- are pregnant or plan to become pregnant. It is not known if VYLOY will harm your unborn baby. Tell your healthcare provider if you become pregnant during your treatment with VYLOY.
- are breastfeeding or plan to breastfeed. It is not known if VYLOY passes into your breast milk. It is not recommended to breastfeed during treatment with VYLOY.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking VYLOY with certain other medicines may cause side effects.

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- itchy, swollen pink or red areas of the skin (hives)
- coughing that doesn't go away
- breathing problems such as wheezing
- throat tightness/change in voice

**Infusion related reactions.** Severe infusion reactions can happen during or after you get your VYLOY infusion. Tell your healthcare provider or get medical help right away if you have any of these symptoms during or after your infusion of VYLOY:

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**Nausea and Vomiting.** While you are receiving VYLOY, nausea and vomiting could be common and can sometimes be severe. Before you receive your VYLOY infusion or during your treatment, your healthcare provider may prescribe medicine to help prevent or treat nausea and vomiting. Tell your healthcare provider if these symptoms do not go away or become worse.

The most common side effects of VYLOY include:

- nausea
- vomiting
- decreased appetite

If you have certain side effects, your healthcare provider may slow the rate of your infusion or stop your treatment with VYLOY for a period of time (temporarily) or completely.

These are not all of the possible side effects of VYLOY. Call your doctor for medical advice about side effects. Report any adverse events to Astellas Pharma Singapore Pte. Ltd. at [pv@sg.astellas.com](mailto:pv@sg.astellas.com). Alternatively, adverse events may be reported to the Health Sciences Authority at Tel: 6866 1111, or online at <https://www.hsa.gov.sg/adverse-events>

## Scan to view full Prescribing Information (PI) for VYLOY



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## Additional Notes

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# Help is here for both of you, every step of the way

**Keep this guide with you throughout treatment, and always remember to:**

- **Keep talking** with your loved one throughout their treatment
- **Take care of yourself.** Make sure you stay healthy while you're caring for them
- **Ask for help when you need it.** Reach out to family, friends, and other support resources

If you have questions about treatment with VYLOY and chemotherapy, talk with their healthcare team.

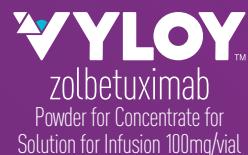
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